youth
SCOTLAND

The network
of youth groups

Dynamic Youth Award

PLAN DO REVIEW

Name:
Benjamin Doe

Date of Birth:
3 January 2014

Postcode:
KW17 2JF

Group/Project/School:
Orkney Youth Club

Scottish Candidate Number (if known):
123456789

Booklet Number:
1234

The cover collects information needed to process a young person's award.

Make sure spelling is correct for the young person's name, as it will be printed on the award certificate.

To earn tariff points, the SCN must be included.

Planning My Dynamic Youth Award

What is the activity you plan to do? (This will be your challenge)

I want to get better at swimming and learn how to swan dive in the pool.

How are you planning to do it?

I'm going to take lessons after school and then practice diving in the community centre pool.

Why do you want to do it?

I used to be kinda afraid of swimming. I want to feel like I can go have fun with my friends when they go to the pool.

What are you hoping to gain from this experience?

I want to feel more confident and maybe if I get really good, next year I can try out for the swim team with my friends!

A challenge could be:

- A new activity the young person wants to try
- A new goal that builds on previous achievements
- Incorporated into planned activities with their school / youth group

More than one young person can have the same challenge, as long as their targets are unique and personal.

Written work for the award can be scribed on a young person's behalf. (Make a note where this occurs.)

Planning My Challenge

My challenge – clearly describe your challenge.

My challenge is to...

Get better at swimming!

The challenge title will be printed on the award certificate.

My personal targets.

List between 2 and 4 things you will be responsible for doing or that you hope to achieve when working towards your challenge. You will be able to identify these from the previous planning page.

1: I will ... *take lessons after school*

2: I will ... *learn how to do a swan dive*

3: I will ... *practice new swim strokes*

4: I will ...

Targets could be:
- *Steps in the process of completing a challenge*
- *Particular skills or goals to achieve*

For the DYA, targets cannot be prescribed.

Peer Assessment of Your Plan

Show your plan above to a friend/member of your group and ask them to check it against the statements below. When they agree it does, they must tick the boxes, sign and date.

✓ You have clearly described your challenge

✓ Your challenge and targets are suitable for you

✓ You have set yourself at least 2 targets to work towards that are personal to you

✓ Your challenge will take at least 10 hours to complete

Friend/group member's name:	*Joey Smith*	Date: 25/06/2025

Peer assessment can be done by any other young person.

Time Log

Complete this every time you do anything for your challenge. If you need extra rows, you can add this in on another page. You can find additional time log and evidence pages here https://www.youthscotland.org.uk/awards

Date	Time spent (hours)	Activity	What did you do?
25/6/25	0.5	Planning	Wrote out my challenge
28/6/25	2	Swim lesson 1	Learned pool safety
5/7/25	2	Swim lesson 2	Learned new swim strokes
8/7/25	1.5	Practice	Swam at the pool
12/7/25	2	Swim lesson 3	Learned to swan dive
13/7/25	1.5	Practice	Practiced dives at the pool
19/7/25	1	Recording	Worked on my awards booklet

It takes 10+ hours to earn a Dynamic Youth Award.

In this time log, the young person should track all the hours they spend:

- Planning the challenge
- Working on the challenge
- Reviewing their award

Part hours can be recorded but the total must be rounded down to the nearest whole.

TOTAL HOURS: 10

Award Completion

Doing and recording my challenge

Building my portfolio of evidence – the next pages are for you to collect evidence of how you completed your challenge and worked towards your personal targets. This will be a record of everything you've done and achieved. This is your portfolio.

You can add in:

- Photos
- Drawings
- Writing
- Receipts
- Planning sheets
- Flyers
- Supporting statements
- Evaluations
- Questionnaires
- Newspaper clippings
- Social media posts and pages
- Text and WhatsApp messages
- Tik Tok videos
- Or anything else you think might be useful to show what you have done and achieved.

Many things can be used as evidence of a young person's work on their challenge.

It's up to you how you choose to evidence your challenge.

Remember to explain what everything is using 'who, what, when and why' and how it relates to your challenge and personal targets.

If you run out of space, please use extra evidence pages. Make sure you fill in your time log and upload your evidence to your evidence pages at the same time or shortly afterwards, when everything is still fresh in your memory.

You can find a selection of evidence collection templates free to download on the Youth Scotland website **https://www.youthscotland.org.uk/awards**

Tips for Recording Evidence:
- Add your evidence while it's fresh, shortly after the activity
- Identify / highlight yourself in any group photos you include
- Redact personal details from your evidence before submitting
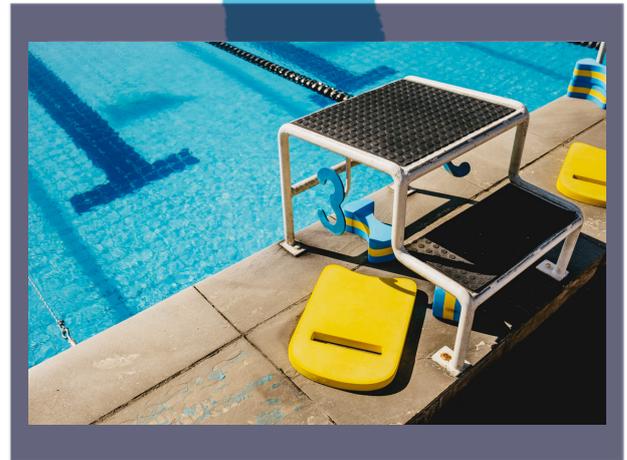- Clearly caption your evidence, including how it links to the challenge and targets

Working on My Challenge

Add photos, drawings or anything you have from working on your challenge and explain what you did and if/how this relates to one or more of your personal targets. Don't forget to update your time log.

Added text should explain how each piece of evidence links to the challenge / targets.

This is a picture of the pool where I am taking swim lessons. We all get to use our own lanes to practice! I learned a new stroke called the butterfly. (Target 1)

This is my pool safety badge! I got this sticker in swim class for learning how to stay safe in the water. (Target 1)

SAFE SWIM READY!

I made this drawing to help me remember how to hold my arms when I do the front stroke. (Target 3)

A portfolio can include a mix of evidence types or all the same type (for example, all photos).

Working on My Challenge

Add photos, drawings or anything you have from working on your challenge and explain what you did and if/how this relates to one or more of your personal targets. Don't forget to update your time log.

This is a picture my mom took of me practicing at the pool. I practiced the new swim strokes I learned like the butterfly. (Target 3)

We learned how to swan dive today! This is all the equipment we used, like practice stairs and paddle boards. (Target 1 and 2)

Dives from the side of the pool

~~||||~~ ||||

Dives from the big board

||||

Today I practiced swimming in the community centre pool. I kept track of all the dives I did on this paper! (Target 2)

DO

Working on My Challenge

Add photos, drawings or anything you have from working on your challenge and explain what you did and if/how this relates to one or more of your personal targets. Don't forget to update your time log.
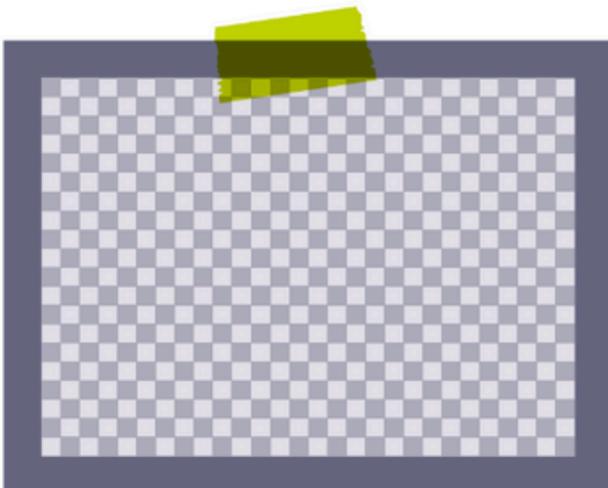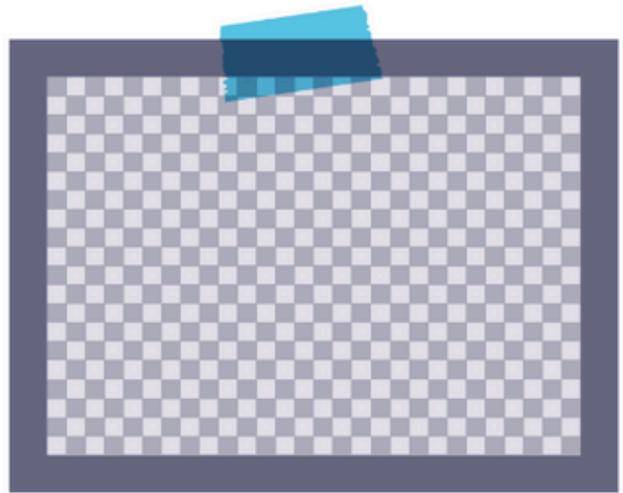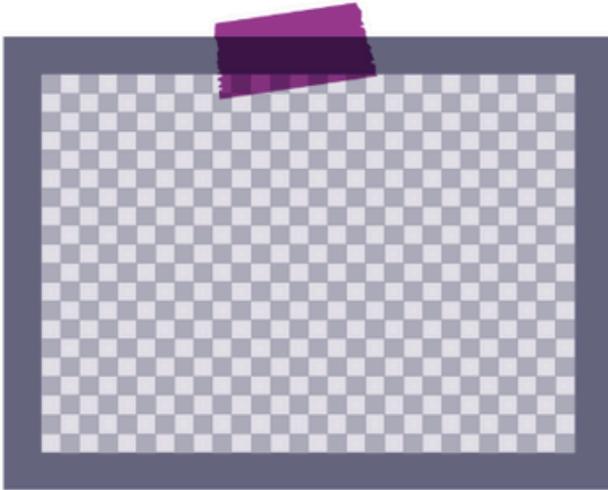
Supporting Statement

Ask an adult, youth worker or teacher to tell us how they think you got on in your challenge.

Benny did a great job in his swim lessons! He was very focused and worked hard to learn three new swimming strokes. He is definitely a more confident swimmer now.

A youth worker, teacher or another adult should provide a supporting statement.

This statement should be specific to the young person and their challenge.

Award Completion – Reviewing My Challenge

My hours: I spent 10 hours working on my challenge.

My responsibility – describe the level of responsibility you took by ticking only one of the boxes.

- [✓] I took part in an activity that others organised
- [ ] I helped to organise an activity with others
- [ ] I organised an activity for others on my own
- [ ] I helped others to learn new skills

Mark the level of responsibility that was taken in the challenge (only select one).

My Personal Development

Has completing your challenge made any difference to you?
Tick one box for each statement.
Green for 'A Lot' – Yellow for 'A Little' – Orange for 'The Same'

	A lot	A little	The same
I feel more confident in myself	✓		
I am better at dealing with things that don't go to plan or how I expected			✓
I am better at planning, organising and staying focused on tasks	✓		
I am better at listening, talking and getting along with others		✓	
I am better at working with others to achieve a task		✓	
I am better at thinking about things, solving problems and making decisions	✓		
What I have done in this challenge has improved things for myself, others or the world around me	✓		

Tell us what you enjoyed about the challenge. Was there something you did really well as part of the challenge?

I was really excited to work on my dives. I practiced a lot and by the end of my lessons I could jump off the highest diving board at the pool!

Have you peer assessed others?	YES	NO ✓

Confirmation this is my own work – "I confirm that all work presented is my own and where I have had help this is noted."

My signature:	Benjamin Doe	Date: 22/7/2025

Peer Assessment of Your Completed Challenge

Show all your work to a friend/member of your group and ask them to check it against the statements below. When they agree it does, they must tick all the boxes and write a sentence about what you did really well in your challenge. Ask them to sign and date it.

✓ There is good evidence to show that you have completed your challenge

✓ There is good evidence to show that you have worked towards all your targets

✓ There is good evidence for the number of challenge hours you have claimed

✓ There is good evidence for the level of responsibility you have claimed

Ask a friend or member of your group to write a sentence about what you did really well in your challenge.

Benny was super good at the swan dives and he was the first one to jump off the highest diving board!

The peer assessor will give a short supporting statement here.

This should be specific to the young person and their challenge.

Friend/group member's name: Joey Smith

Date: 23/7/2025

The peer assessor can be the same or different from the one who reviewed the award planning pages.

PLAN **DO** **REVIEW**

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This award has been
SCQF credit rated by **SQA**

scqf
scottish credit and
qualifications framework